

STJFL Overtime Rules

NCAA and UIL football overtime rules summary:

- Each team will get a possession without a game clock, starting at the 25 yard line.
- Overtime period is defined as each team getting an offensive possession.
- Each team will be given a time out in each overtime period.
- After each team gets an offensive possession, the team with the highest score is the winner.
- If there is a tie after the overtime period, then there will be another overtime period, this will be repeated until there is a winner.

Note: The team that started on offense in the first overtime period will start on defense in the next overtime period, if necessary. This will be alternated each overtime period.

STJFL overtime policy will follow the NCAA & UIL rules with the following exceptions:

- The ball will placed on the 25 yard line, 100 yd or 80 yd field.
- 2 overtime periods max.
- If neither team scores, the team whose possession ended closest to the goal line in the 2nd OT period will win the game.
- After 2 overtime periods and the game is tied by score and both teams drove the ball to the same mark, the game will be recorded as a tie, but the coin flip will be used for playoff qualifications or playoff seeding.

Note: There will not be any overtime in non-conference games for senior division. Junior and Pee-wee will have to play overtime due to the wild card qualifications.

Note: Playoffs, we will go with NCAA/UIL overtime rules. A winner will be decided by score. Playoffs will not be decided by penetrations and coin flips.